

Ladies League Fixture 4 Richmond Park Feb 13th 2016

Hosted by Ranelagh Harriers

PLEASE NOTE EARLIER START TIME FOR ALL RACES

Senior Women: 11:30am

U15/U17: 12:30pm

U13: 1:00pm

There is a wedding in Pembroke Lodge on this day, please be considerate and take public transport to the park if possible. If driving consider using alternative car parks and jogging over to the start at Sidmouth wood.

If using Pembroke Lodge car park please arrive early as it will be extremely busy

There are no changing or shower facilities, please arrive at the venue changed.

 Ranelagh Clubhouse

 Start/Finish

 Parking

 Toilets (free) Petersham Gate, Pembroke Lodge, Roehampton Gate

 Toilets (20p) Richmond Gate, Sheen Gate, Robin Hood Gate, Kingston Gate, Ham Gate

 Toilets (seasonal) Isabella Plantation

Scale each small square is 500m x 500m, each large square is 1km x 1km

0 base point near to Start and Richmond Gate

1, 2, 3 distance in km from base point

Vehicle Entrances

Richmond Gate

Sheen Gate

Roehampton Gate

Kingston Gate

Ham Gate

Visitor Information

<https://www.royalparks.org.uk/parks/richmond-park/visitor-information/opening-times-and-getting-here>

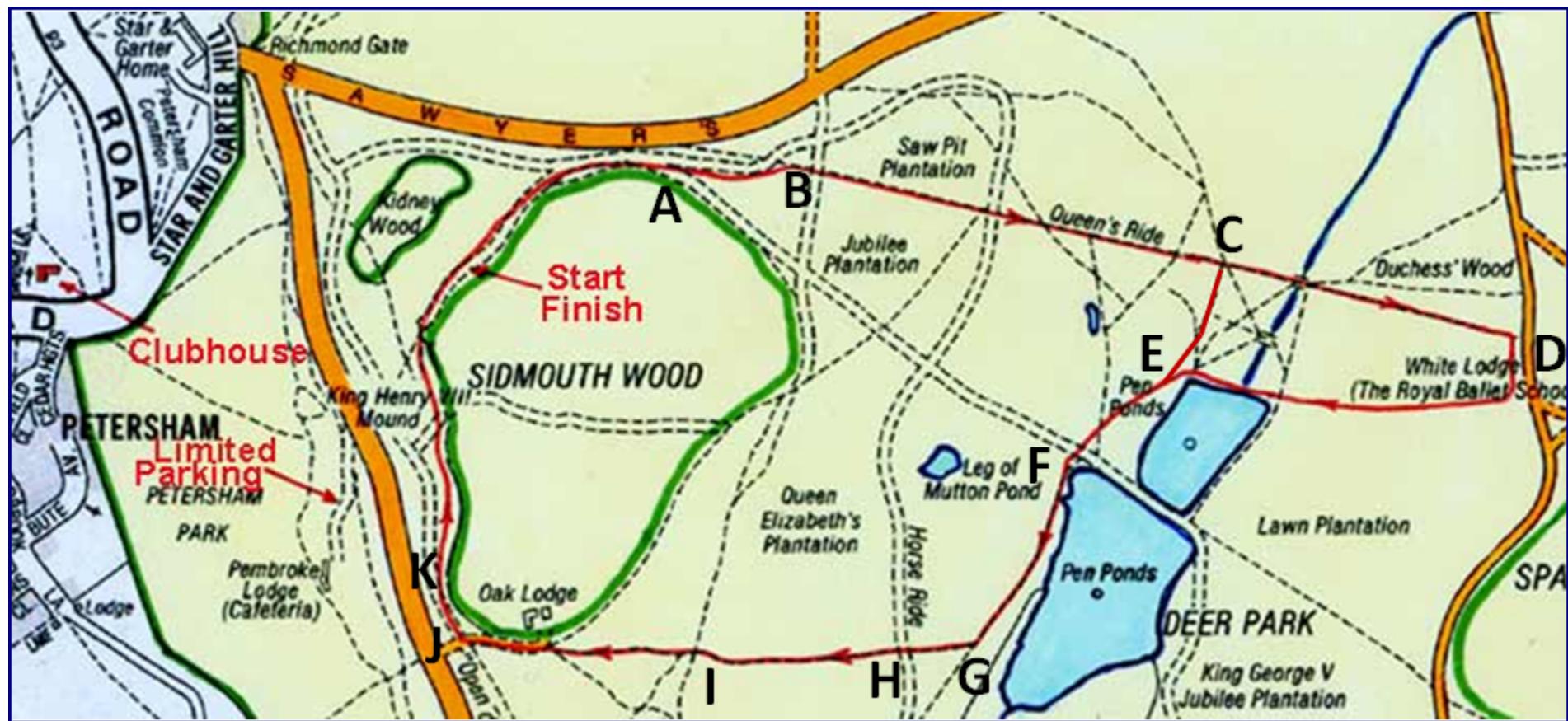
Team Managers

Please aim to complete your declarations in advance of the race to make processing of results easier.

Results will be available on <http://www.surreyleague.org/> as soon as possible after the race.



Course Map:



Senior Women:	11:30am	One short lap + one full lap	Start-A-B-C-E-F-G-H-I-J-K Start-A-B-C-D-E-F-G-H-I-J-K-Finish	5.03 miles / 8.10 km
U15/U17:	12:30pm	One full lap	Start-A-B-C-D-E-F-G-H-I-J-K-Finish	2.84 miles / 4.57 km
U13:	1:00pm	One short lap	Start-A-B-C-E-F-G-H-I-J-K-Finish	2.04 miles / 3.28 km